



Allergy and Anaphylaxis Policy

Purpose

The purpose of this policy is to ensure that all children attending the Activitots Camps & Holiday Clubs who have allergies or medical conditions related to allergies are supported appropriately and safely while participating in camp activities.

The camp is committed to providing a safe environment for all participants and to minimising the risk of allergic reactions through effective communication, preparation, and supervision.

Parent and Guardian Responsibilities

Parents or guardians of children with allergies or anaphylaxis must:

- Inform the camp of all known allergies and medical conditions prior to attendance.
- Complete the camp medication form before the child attends camp using the following form: [Medication Form](#)
- Provide all prescribed medication required to manage the child's condition, ensuring it is clearly labelled with the child's name and expiry dates are valid.
- Ensure camp staff are aware of any changes to allergy management plans or medication requirements.
- Provide a small bag or pouch specifically for the child to transport their EpiPen when travelling away from the main activity area, such as during toilet visits.

Food Allergy Management

To reduce the risk of allergic reactions related to food:

- The camp operates as a **nut-free camp**. Nuts and products containing nuts must not be brought onto camp premises.
- Eating will only take place during designated snack or meal times.
- Children will be reminded by coaches and staff that food and drinks must not be shared with other participants.
- Staff will supervise snack and meal breaks where possible to encourage safe eating practices.
- Parents should clearly inform the camp of any food allergies or dietary requirements prior to attendance.
- Parents of Holiday Club children who have hot lunch provided will be asked to provide dietary information which is shared with the external caterers.

Staff Responsibilities

Camp staff and coaches will:

- Review allergy information provided by parents before camp sessions begin.
- Ensure medication provided by parents is readily available and accessible at all times.



- Be aware of children with allergies within their group and understand the action to take in the event of an allergic reaction.
- Promote safe food practices and reinforce the camp's no food sharing rule.
- Contact emergency services immediately in the event of a severe allergic reaction or suspected anaphylaxis and inform parents or guardians as soon as possible.

EpiPen Carrying and Storage Protocol

For children who require an EpiPen:

- The child's EpiPen must be handed directly to the Camp Manager upon arrival each day.
- The EpiPen will always be kept within an accessible distance of the child and supervising staff during all camp activities.
- When children need to leave the playing pitch for toilet trips or other activities away from the main group, the EpiPen must accompany them.
- When children need to leave the preschool building for other activities away from the main area, the EpiPen must accompany them
- Parents or guardians are required to provide a dedicated bag or pouch that can be used specifically for the child to transport their EpiPen during these occasions.
- Staff will ensure that the EpiPen remains easily identifiable and accessible throughout the camp day.
- In the event of an allergic emergency, staff will follow the child's medical instructions, administer the EpiPen if required, and call emergency services immediately.